ACADEMY OF KNIGHTS

INTERNATIONAL DANCE & FITNESS SCHOOL

Contact No.: 9373522915

Address : Academy Of Knights, 1st Floor, Above HarishKumar Super Shopee,
Shinde Pool, NDA Road, Shivane, Pune 411023

TIME-TABLE

Batch Timing			MON		TUE		WED		THU		FRI		SAT		SUN	
Studio Hall			STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2	STUDIO-1	STUDIO-2
1 Hr	06:00 AM	07:00 AM	Yoga	-		-	Yoga	-		-	Yoga	-		-	Yoga	-
1 Hr	07:00 AM	08:00 AM	Zumba B1		Zumba B1		Zumba B1		Zumba B1		Zumba B1					
1 Hr	08:00 AM	09:00 AM	ZUMBA / DANCE FITNESS		ZUMBA / DANCE FITNESS		ZUMBA / DANCE FITNESS		ZUMBA / DANCE FITNESS		ZUMBA / DANCE FITNESS					
1 Hr	09:00 AM	10:00 AM	Dance Fitness B1	-	Dance Fitness B1	-	Dance Fitness B1	-	Dance Fitness B1	-	Dance Fitness B1	-		-	-	-
1 Hr	10:00 AM	11:00 AM	KIP / Special Batch		KIP / Special Batch		KIP / Special Batch		KIP / Special Batch		KIP / Special Batch		Gymnastics	Classical	Gymnastics	Classical
1 Hr	11:00 AM	12:00 PM		-		-		-		-		-		-		-
0.5 Hr	11:30 AM	12:00 PM	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK	BREAK
1 Hr	12:00 PM	01:00 PM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1 Hr	01:00 PM	02:00 PM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1 Hr	02:00 PM	03:00 PM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1 Hr	03:00 PM	04:00 PM	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1 Hr	04:00 PM	05:00 PM	-	-	Gymnastics	-	-	-	Gymnastics	-	-	-	-	-	-	-
1 Hr	05:00 PM	06:00 PM	Toddlers Batch / Jazz	Classical	Ballet	Toddlers Batch	Jazz	Toddlers Batch	Ballet	Toddlers Batch	Jazz	Toddlers Batch	Ballet	-	-	-
1 Hr	06:00 PM	07:00 PM	Hip-Hop 5-12 yrs		Bollywood 5-12 yrs	-	Hip-Hop 5-12 yrs	-	Bollywood 5-12 yrs	-	Hip-Hop 5-12 yrs	-	Bollywood 5-12	Weekend Batch	Weekend Batch	-
1 Hr	07:00 PM	08:00 PM	Dance Fitness B2	-	Zumba B2	Ladies Dance Batch	Dance Fitness B2	-	Zumba B2	Ladies Dance Batch	Dance Fitness B2	-	Zumba B2	Ladies Dance Batch	-	-
1 Hr	08:00 PM	09:00 PM	Hip-Hop 13+ yrs		Bollywood 13+ yrs		Hip-Hop 13+ yrs	Classical	Bollywood 13+ yrs		Hip-Hop 13+ yrs		Bollywood 13+			
0.5 Hr	09:00 PM	09:30 PM		-		-		-		-		-		-	-	-